

ONE DAY BEFORE SURGERY

- Use **Zymaxid**: 1 drop 4 times for 1 day
- The evening before surgery:
 - Please discontinue contact lenses
 - Remove all eye make-up, including eyeliner and mascara
 - Be certain to have driving arrangements made for the following day. Patients cannot drive home after surgery

DAY OF SURGERY

- On the morning of surgery, please take all medications as normally prescribed
- Do NOT use any eye make-up, mascara, or fragrances
- On surgery day, we will provide you with a surgical kit and instructions
- Please arrive at least 30 minutes prior to surgery

AFTER SURGERY

- Start your post-operative drops upon returning home (or no later than 2 hours after surgery)
 - **Use Zymaxid – 1 drop – 4 times a day for one week.**
 - **Use Durezol — 1 drop –4 times a day for two weeks.**
 - Be certain to shake the bottle thoroughly prior to each drop.
 - **Use preservative-free (PF) or dissolving-preservative artificial tears at least 6 times a day.** You may use them more frequently (up to every 1 – 2 hours). We recommend Bion Tears, Refresh Liquigel,[®] Refresh, or Genteal[®] tears. These can be obtained in bottle form with a dissolving preservative. These bottles are more economical and easier to use than the individual packets.
- Allow a minimum of 5 minutes between each drop to insure full benefit of each drop.
- Unless instructed otherwise, please continue all other medications (pills, eye drops, etc.) as before surgery.
- Sleeping with a shield is not necessary. You may sleep with the shield if you are worried that you may rub or harm your eyes.
- A bandage contact lens may have been inserted for your comfort. If it falls out, please do NOT reinsert the lens. A new lens will be provided on your first visit.
- For discomfort, use any over-the-counter medication (Tylenol, aspirin, Advil, etc.). If you develop pain that is not managed by these medications, please contact us as instructed below.
- Unless informed otherwise, please continue to use all prescription medications (both oral and eye drops) as before surgery.

ACTIVITIES

- Your eyelids may be mildly “droopy” or swollen. This is usually temporary.
- Your vision may be somewhat blurry. Do not be alarmed as this will usually clear within several weeks.
- If you are not comfortable driving or operating hazardous equipment, please avoid doing so until your vision is satisfactory.
- You may notice increased sensitivity to sunlight. Please wear sunglasses as needed for comfort.
- Refrain from all eye make-up for 3 days following surgery.
- You can resume most normal activities immediately. You may run, golf, or return to work the next day.
- Unlike the convalescence with some surgical techniques, you do not have to be concerned about bending or lifting.
- We ask that you do not go swimming or go in a hot tub for at least 7 days following surgery.

RSVP: **R** = Redness
 S = Swelling
 V = Visual Decline
 P = Pain

- If any symptoms listed occur, call our office *immediately* for advice and instructions. After normal business hours, the call will be handled by the answering service. An eye care professional will be paged and will promptly return your call.

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